

Bats



Bats are mammals

Like us they give birth to live young who feed on their mother's milk. Baby bats are called Pups.

Bats are Nocturnal

They are most active at night time.

Bats are NOT blind!

However they use Echolocation, a type of sound detection, to catch prey in the dark.



Bats are Threatened

Due to habitat destruction, there are less places for bats to roost safely & less insects for bats to eat.

Bats Hibernate

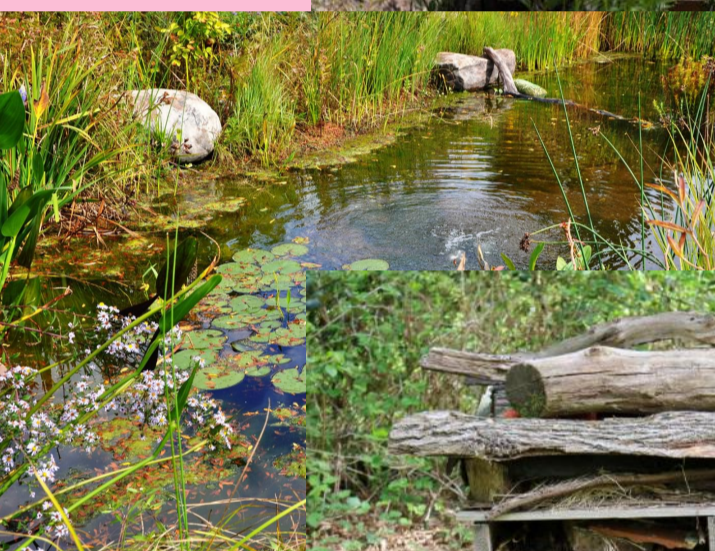
During the cold UK winters, when there are few insects about to eat, bats will hibernate. After finding somewhere safe to sleep, their heart rate, breathing and temperature all drop to save energy.



Managing your garden to help Bats



**Suffolk & Essex
Coast & Heaths
National
Landscape**



Bats eat a large amount of insects, so attracting as many as you can to your garden is the best way to help bats:

- 1. Plant a wide variety of native wildflowers**
- 2. Grow native flowering hedges & trees.**
- 3. Leave areas of long grass for insect larvae**
- 4. Create a pond or bog-garden for aquatic insects**
- 5. Build log piles or bug hotels**
- 6. Rake leaves into habitat piles or leave them where they fall**

**Reduce your light pollution!
Artificial light has a negative impact on bats & other nocturnal creatures.**

Try to turn off outdoor lighting and consider fitting dimmers or hoods to reduce your light pollution.



You can install bat boxes, giving them somewhere to roost



For more information about helping bats, including building bat boxes, scan the QR Code!

