

# Stag Beetles

**The largest beetle in the UK,  
Male stag beetle are 35-75mm and Females are  
30-50mm.**

**They are mainly found in the south of England**



**They spend 3-7  
years underground  
as a larvae, eating  
dead wood.**

**Once they have eaten  
enough, they build a cocoon  
and turn into a pupa. They  
emerge as adults in May**



**Adults only live for a few weeks to  
mate. They don't eat anything, but  
may have a drink.**



**Males use their large, stag-horn-like  
jaws to wrestle for females. They  
aren't dangerous, but it's best not  
to touch them.**

# How can we help Stag Beetles?



**Suffolk & Essex  
Coast & Heaths  
National  
Landscape**

**Stag beetle numbers are declining and they need your help!**



**Build a Log Pyramid.  
Dig a large hole at  
least 50cm down.  
Place thick logs from  
broadleaved trees  
vertically in the hole  
and fill in with soil  
(and some woodchips  
if you can), firming  
the soil as you go.**

**Scan for more information  
about Stag Beetles and  
how to help!**



**You can also:**

- . Create log piles**
- . Make sure they can escape from ponds & keep water butts covered**
- . Avoid weed prevention mats, as it traps emerging beetles.**